



FAMILY STUDY

Worship in Every Area of Life

The book of Psalms is your best friend. It's the book where your heart communes with God--you can find strength, courage and direction in every situation. It is a book of songs accompanied by music written over a 1000 year period by at least 7 composers. King David himself composed over 75 of the Psalms.

In the book of Psalms we learn transparency. God knows it all already; there is no need to hide anything from Him. Charles Spurgeon said, "There is no secret you cannot pour into the ears of God." And, we learn reality--just because you are a believer does not mean you won't go through some really low valleys. However, the main lesson we learn in Psalms is consistency--God's people do not relegate Him to a once a week experience.

Test Your Smarts...

Objectives:	Get comfortable with your Bible and looking up answers. Get confidence in your knowledge of the Psalms/God's word. Gain insight into our own faith. Have fun with your family.
Number of Players:	at least 3
Length:	15 - 30 minutes
Set up:	Choose Mom or Dad to be the expert. Choose one person (must be able to read) to be the host. Divide the rest of the family into two teams. Make sure you have at least one person on each team who can look up verses and read them. Each team sits with their team mates and slightly separate from the other team and the parent expert. Props: Each team should have a bible (preferably New King James). The parent expert (Mom or Dad) has to play without a Bible. 3 dice to be used in the case of a tie breaker. A large white board or paper to keep score where everyone can see what the score is.



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The Play:

Begin by having the host explain the rules:

Each team and parent expert is eligible to answer every question. However, someone from your team must raise their hand in order to be eligible to answer. Once they have been called on by the host, they have 3 seconds to give their answer. Each team may use their Bible to find the answer, but they should not raise their hand until they are ready to answer. If you raise your hand, are called on by the host and you give the correct answer, your team earns 10 points. If you give the wrong answer or no answer at all after you raise your hand and have been called on, you will lose 5 points. These rules also apply to the parent expert. However, the parent expert can not use a Bible to look up their answers. When consulting with your team remember to whisper so the other team and/or the parent expert cannot hear you and steal your answer. The host should pay close attention so they can call on the person who raised their hand first. In the case of a hand-raising tie, the host should have the participants each roll the dice. Whoever has the highest roll, gets to answer. If a wrong answer is given, the other teams and/or parent expert can still answer the question and win the points, they just need to raise their hand to indicate they want to answer. The host will read the Psalm number and the phrase, saying “blank” where there is underlined/light grey text. (no one else should look at the host’s list as the answers are in light grey print.) The host will repeat the psalm and the phrase. Participants can ask the host to re-read the Psalm and phrase numerous times until someone raises their hand to answer. After each answer, the host will determine the points earned or lost and document them where everyone can see. At the end of play, the host will declare the winner.

Psalm 1: Blessed is the man who walks not in the counsel of the ____(ungodly)____.

Psalm 1: But his delight is in the ____(law of the Lord)____.

Psalm 1: The Lord knows the way of the ____(righteous)____.

Psalm 2: Serve the Lord with ____(fear)____, and rejoice with ____(trembling)____.

Psalm 2: ____(Blessed)____ are those who put their trust in Him.

Psalm 19: The ____(Heavens)____ declare the glory of God; and the ____(firmament)____ shows His handiwork.

Psalm 19: The ____(law)____ of the Lord is perfect, converting the soul.

Psalm 19: The ____(judgments)____ of the Lord are true and ____(righteous)____ altogether.

Psalm 19: Let the words of my mouth and the meditation of my heart be ____(acceptable)____ in Your sight.

Psalm 22: My God, My God why have You ____(forsaken)____ Me?

Psalm 22: They divide My ____(garments)____ among them, and for my ____(clothing)____ they cast lots.

Psalm 23: The Lord is my ____(shepherd)____; I shall not ____(want)____.

Psalm 23: He makes me to (lie) down in (green) (pastures).

Psalm 23: He (leads) me beside the still (waters).

Psalm 23: He (restores) my soul.

Psalm 23: He (leads) me in the paths of (righteousness) for His name's sake.

Psalm 23: Your (rod) and Your (staff), they comfort me.

Psalm 23: Surely (goodness) and (mercy) shall follow me all the days of my life.

Psalm 23: I will (dwell) in the (house) of the Lord forever.

Psalm 32: Blessed is he whose (transgression) is forgiven, whose (sin) is covered.

Psalm 32: What will surround those who trust in the Lord? (mercy).

Psalm 34: (Taste) and (see) that the Lord is good.

Psalm 34: In which verse is found a Messianic prophecy? (Psalm 20)

Psalm 36: How far does God's faithfulness reach? (to the clouds)

Psalm 37: Commit your (way) to the Lord.

Psalm 37: A little that a (righteous) man has is better than the riches of many wicked.

Psalm 40: Where does the psalmist keep the Law of God? (within my heart)

Psalm 42: What was the psalmist's food day and night while in the midst of distress? (tears)

Psalm 45: This is a Psalm of (love).

Psalm 45: What is the scepter of God's kingdom? (righteousness)

Psalm 48: God will be our (guide) even unto death.

Psalm 49: What will the rich man carry with him when he dies? (nothing)

Psalm 51: David asked the Lord to create in him a clean (heart).

Psalm 51: The sacrifices of God are a (broken) (spirit) a (broken) and a (contrite) (heart).

Psalm 57: David made his refuge in the shadow of God's what? (wings)

Psalm 62: God has spoken once and the Psalmist has heard it twice that (power belongs to God).

Psalm 64: God will make the enemies stumble over what? (their own tongue).

Psalm 66: God keeps us among the living and does not allow (our) (feet) to be moved.

Psalm 67: What does God's face do for us? (shine upon us)

Psalm 69: The Psalmist asks the Lord not to hide His (face) from him.

Psalm 69: How does the psalmist chasten his soul? (with fasting)

Psalm 72: God's name shall continue as long as (the sun).

Psalm 72: Blessed be His (glorious) (name) forever!



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Discussion: Discuss with your family the ways that the Psalms add value to life; bring up the point that society is constantly changing and is often disapproving of God's word - but God's word has value beyond anything that society can offer.

How have you observed this to be true in your own life? Share these thoughts with your family and offer encouragement to them to stay in God's word.

Prayer: Close in prayer thanking God for His unchanging and uncompromising word. Bless His holy name through a Psalm!